1712 E. Kensington Rd. Mt. Prospect, Illinois 60056 www.jonesbrotherstkd.com

E-Mail: info@jonesbrotherstkd.com / Ph: 847-296-3553 / Fax: 847-296-3556

Business Hours: Mon. - Fri. 10:00 AM—9:-00 PM, Sat. as per Sat. Schedule & Closed on Sun.

## **Class Schedule 2011**

**Instructor: Master Bruce A. Jones\*** 

**Open Class: All Ages** 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 PM to 1:00 PM	No Class				
Tae Kwon Do					

## Little Tigers: 4 to 8 years of age

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:45 PM to 5:30 PM	No Class				
Tae Kwon Do					

## Youth: 8 to 13 years of age—Tae Kwon Do & Hap Ki Do—Every Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 PM to 6:30 PM	5:30 PM to 6:30 PM	5:30 PM to 6:30 PM	5:30 PM to 6:30 PM	5:30 PM to 6:30 PM	12:00 PM to 1:00 PM
Beginner Advanced Basic Practice	Beginner Advanced Workout One Step Sparring	Beginner White Belt Class Sparring Class (Yellow Belt & Up)	Beginner Advanced TKD Forms One Step Sparring	Open Class All Belts	Open Class All Belts TKD Forms One Step Sparring

## Adult: Ages 13 and Up—Tae Kwon Do & Hap Ki Do—Every Day Students under 13 must practice with parent

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45 PM to 7:45 PM	6:45 PM to 7:45 PM	6:45 PM to 7:45 PM	6:45 PM to 7:45 PM	6:45 PM to 7:45 PM	No Class
Beginner Advanced Basic Practice	Beginner Advanced Workout One Step Sparring	Beginner White Belt Class Sparring Class (Yellow Belt & Up)	Beginner Advanced TKD Forms One Step Sparring	Open Class All Belts	
8:00 PM to 9:00 PM	8:00 PM to 9:00 PM	8:00 PM to 9:00 PM	8:00 PM to 9:00 PM	No Class	No Class
Hap Ki Do	Hap Ki Do	Hap Ki Do	Hap Ki Do		

- \* May also be taught by a Blue Belt or higher rank, under the supervision of Master Bruce A. Jones
- All Tae Kwon Do classes will have both Hap Ki Do and Sparring
- Uniform and equipment REQUIRED for all Gumdo classes
- Once you have reached the rank of yellow belt you can start sparring (Equipment Required)

**Believe and Achieve!**